G. R. S. App. F. IX-4]

Previous References.

194 2-

(Pris)

File No. 2-42

Serial Nos. 1

Later References.

Pris 2-42 (23 + 24)
12-44(1-5a)

Pris

PRESERVED

GENERAL AND REVENUE SECRETARIAT

Serial Nos.

Part B for ~~for~~ Pris

SUBJECT.

Recommendation no. 173 of the Prison Reforms Committee in respect of the number of and timings of the meals given to prisoners

G.O. no. P. 678-79 dated 25-7-42

To.

The I.G. of Prisons.

A Comfort roller through D.O.

Passes ordered on the

App. F. IX-4

1930-1

File No. 20-30

Previous References
D.O.f Def No 40-30

D.O.f

Serial Nos. 11-13

Later References

General and Revenue Secretariat.

Serial Nos. Three

Part B for Aug 31

SUBJECT.

Shipping off. Re accumulation of leakage of 30 tons of S. oil in the Consignment shipped to Messrs Lakshmi Bhoan Kaisha of Bombay

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Recommendation 173 of the Prison Reforms Committee

Serial No.

The prescribed numbers and timings of the meals given to prisoners in Mysore Jails at present are as follows :-

(1) Early morning meal at 7 A.M.

(2) Evening meal at 4.30 P.M.

The Prison Reforms Committee observe in respect of this arrangement :-

" This, on the face of it, is by no means an ideal arrangement. It departs widely from the prevalent habits of the generality of people in this part of the country, for whom the heavy meal comes in the middle of the day or shortly before, and a substantial, even if less heavy, meal after lighting hours and some time after night fall. An early breakfast, if taken, is usually a very light one; so also is afternoon lunch for those who are accustomed to it."

The Committee remark that the present timings have little reference either to the ordinary practice of the free community or to the physiological needs of men in confinement, but mainly if not solely to the convenience of prison routine. (Paras 17 of Chapter VIII).

The Committee recommend (Para 18) - (a) a light meal in the shape of either Kanji (a gruel) or cake or boiled rice with chutney or lime pickle to be served early in the morning

NOTE—Contn. Sheet.

WD 04155—GPB—55,000—23-10-41

V

7075/941

File No. of 194 | General and Revenue Secretariat.

Serial No.

morning immediately after unlocking;

(b) ~~the~~ a principal meal at 12 noon or a little before; and

(c) an evening meal similar to, but less substantial in quantity than the mid-day meal, to be served not earlier than 5.30 P.M.

This is the arrangement which prevails in Madras.

The Inspector General of Prisons observes in respect of this recommendation that the issue of cakes or boiled rice with chutney or lime pickle involves heavy additional cost, and that, if approved, an experiment will be made in the Central Jail for a short period, and a report regarding the effect of the change in the work of the daily routine and the additional expenditure to be incurred will be submitted.

-X. Flag K.

It is not clear from the Inspector General of Prisons' opinion, how the acceptance of the Committee's recommendation involves heavy additional expenditure, in view of the fact that the Committee have not suggested any additions to the existing scale of diet, but only its distribution thrice a day instead of twice as at present. An experiment on the lines suggested by the Committee may perhaps be tried in the Central Jail for a period of six months in the first instance.

30/6

Law Secy)

GOVT. LAW DEPT. 30 JUNE 1942 GOVT OF MYSORE

275

Recommendation no 173 of the Prison Reforms Committee 3

General and Revenue Secretariat | File No. | of 194 | [App. F. III—2

Serial No.

LAW
JUL 8 1942
No 255

DEPUTY OFFICE
10 JUL 1942.
NO 1660

An experiment may be tried in the central jail for six months & a report submitted as suggested by the S.G.P.

Cus 6-7-42. JWW 6/7

Minister for Law
Mr D'Souza

Bn 9/7

Cus 15-7-42 JWW 15/7

JWW 14/7/42

~~Draft ordered~~

~~JH~~ 17/7/42 Bn

Cus 17-7-42 JWW 17/7

Jt Secy
for C. JW 18/7/42

Cus 20-7-42 JWW 20/7

Subd: write a draft.
Please type draft as revised and put up JWW 22/7

JH 21/7/42 Bn

Subd: write a typed draft as revised
Draft G.O. submitted for consideration JWW 23/7

JH 23/7/42 Bn

Law Secy

SECY. LAW DEPT.
23 JULY 1942
GOVT OF MYSORE

NOTE—Contn. Sheet.

WD 04155—GPB—55,000—23-10-41

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Recommendation no. 173 of the Prison Reforms Committee

File No. 2 of 1942

General and Revenue Secretariat

Serial No.

OFFICE OF THE MINISTER FOR LAW
JUL 28 1942
No. 831

May be approved

Min for Finance

23-7-42

MMW 23/7

Dne 23/7

Acc 24-7-42

issued MMW 24/7

Financial Secretary has agreed. Draft Govt Order herein.

H.M. 24/7

Issued Dne 27/7/42

Dne 27/7/42

27/7

Dn 27/7

To the Secretary to Prisons

" " Comptroller.

G.O. No. P.676-9 of 25-7-42

Approves of the Recommendation of the Prisons Reforms Committee and directs that an experiment on the lines suggested may be tried for a period of six months in the Central Jail.

Bdsm. Bill for Rs. 43

Extract from the Opinion of the Inspector General of Prisons in Mysore on the recommendation made by the Prison Reforms Committee.

Recommendation No.173.

The prescribed number and timings of the meals given to prisoners are unsuitable and require to be altered. The principal meal of the day should be fixed for 12 noon or a little before. A light meal, in the shape of either Kanji (gruel) or cake or boiled rice, with chutney or lime pickle should be served early in the morning, immediately after unlocking. The evening meal should be similar to, but less substantial in quantity than, the mid-day meal, with, if possible, somewhat different ingredients. This should be served on completion of the day's work, but ordinarily not earlier than 5.30 P.M., when there would still be light at most seasons of the year. The regular number of meals would thus be three and they would be served at intervals properly spaced.

Opinion of the Inspector General of Prisons.

This involves a change in the existing system. The warders and the other members of the staff who are already working for more than 10 hours a day, will have to work for longer hours. The issue of cakes or boiled rice with chutney or lime pickle involves heavy additional cost. If

approved

PROCEEDINGS OF THE GOVERNMENT OF HIS HIGHNESS THE MAHARAJA OF MYSORE

9

R e a d:

Recommendation No. 173 of the Prison Reforms Committee in respect of the number and timings of the meals given to prisoners, and the views of the Inspector-General of Prisons thereon.

ORDER NO. P 678-79/PRIS. 2-42-1,

DATED, BANGALORE, THE 25TH JULY 1942.

The prescribed number and timings of the meals given to prisoners in Mysore Jails at present are--

1) Early morning meal at 7 A.M. and
2) Evening meal at 4.30 P.M.

The Prison Reforms Committee consider this arrangement to be unsuitable and recommend (a) a light meal in the shape of either Kanji (gruel) or cake or boiled rice with chutney or lime pickle to be served early in the morning immediately after unlocking; (b) a principal meal at 12 noon or a little before; and (c) an evening meal similar to, but less substantial in quantity than the mid-day meal, to be served not earlier than 5.30 P.M.

The Inspector-General of Prisons who was consulted in the matter states that the issue of cakes or boiled rice with chutney or lime pickle involves heavy additional cost, and proposes that, if approved an experiment will be made in the Central Jail for a short period.

Government are pleased to approve of the proposal of the Inspector-General of Prisons and direct accordingly that an experiment on the lines suggested by the Committee may be tried in the Central Jail, Bangalore, for a period of six months and a report submitted to Government.

Sd/- C. Narayanaswamy Naidu,
Secretary to Government,
Law Department.

To--The Inspector-General of Prisons in Mysore.
The Comptroller to Government of Mysore through Financial Sectt.

"Copy" PL/2.

10

PROCEEDINGS OF THE GOVERNMENT OF HIS HIGHNESS THE MAHARAJA OF MYSORE

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Recommendation No. 173 of the Prison Reforms Committee in respect of the number and timings of the meals given to prisoners, and the views of the Inspector-General of Prisons thereon.

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The Inspector-General of Prisons who was consulted in the matter states that the issue of cakes or boiled rice with chutney or lime pickle involves heavy additional cost, and proposes that, if approved an experiment will be made in the Central Jail for a short period.

Government are pleased to approve of the proposal of the Inspector-General of Prisons and direct accordingly that an experiment on the lines suggested by the Committee may be tried in the Central Jail, Bangalore, for a period of six months and a report submitted to Government.

Sd/- C. Narayanaswamy Naidu,
Secretary to Government,
Law Department.

To--The Inspector-General of Prisons in Mysore.
The Comptroller to Government of Mysore through Financial Sectt.

"Copy" PL/2.

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approved, an experiment will be made in the Central Jail for a short period and a report regarding the effect of the change in the work of the daily routine and the additional expenditure to be incurred will be submitted to Government.

30/6

G. R. S. App. F VI—G 2]

SUBJECT .....

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Diary No. of letter replied to .....

General and Revenue Secretariat

( )

the *193*

Date of issue 25-7-42 193

Signed by ..... Sm. M. K. V. .....

May this be—

(i) printed ?

(ii) treated as a standing order ?

(iii) published in the Gazette, English Part ?

(iv) translated ?

(v) placed at the disposal of the press ?

(vi) published in the Gazette, Kannada Part ?

Section. Pers

File No. 2-42

Serial No. 1

Proceedings of the Government of His Highness the Maharaja of Mysore

Read— Recommendation No.173 of the Prison Reforms Committee in respect of the number and timings of the meals given to prisoners, and the views of the I.G. of prisons thereon.

Order thereon--No. P678-79

The prescribed number and timings of the meals given to prisoners in Mysore Jails at present are--

1) Early morning meal at 7 a.m; and

2) Evening meal at 4.30 p.m.

~~Order thereon.~~—No.

The Prison Reforms Committee consider this arrangement to be unsuitable and recommend (a) a light meal in the shape of either Kanji (gruel) or cake or boiled rice with chutney or lime pickle to be served early in the morning immediately after unlocking; (b) a principal meal at 12 noon or a little before; and (c) an evening meal similar to, but less substantial in quantity than

6

the mid-day meal, to be served not earlier than 5-30 p.m.

The I.G. of Prisons who was consulted in the matter states that the issue of cakes or boiled rice with chutney or lime pickle involves heavy additional cost, and proposes that, if approved an experiment will be made in the Central Jail for a short period.

Government are pleased to approve of the proposal of the I.G. of Prisons and direct accordingly that an experiment on the lines suggested by the Committee may be tried in the Central Jail, Bangalore, for a period of six months and a report submitted to Government.

Secretary to Government,
Law Department.

To

The Inspector General of Prisons
The Comptroller to Government though F.D.

List of Enclosure

Press Table

Copied by KNNS.

Examined by

WD 0564—GPR—22,500—9-1-39